

POOL SAFETY



游泳安全事項





DOS 要做



DON'TS 不要做



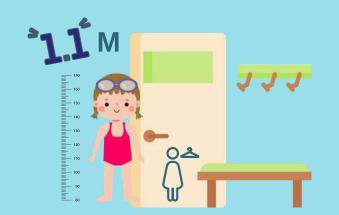
Warm up before swim 游泳前先做熱身運動



Do not dive into the swimming pool 切勿在游泳池跳水



Take good care of your children 小心照顧兒童



Children over the age of 5 or over 1.1m in height should not use the opposite sex changing room 5歲或以上或身高1.1米以上之小童不應使用異性更衣室



Choose a pool with a depth that suits your swimming technique 按自己泳術選擇合適水深之泳池



Do not swim immediately after a meal 切勿於進食後立即游泳



Seek immediate assistance from the lifeguards if necessary 如有需要立即向救生員求助



Do not swim if you are not feeling well 身體不適請勿游泳



Children aged 12 or below should be accompanied by adult aged 18 or above (a maximum of 2 children for 1 adult) 12歲以下小童必須由18歲或以上成人陪同方可進入泳池範圍(每位成人最多只可攜同兩名小童)

SWIMMING POOL RULES & REGULATIONS 游泳池使用守則



For further information please contact Club Bel-Air Reception at Bay Wing (2989 9000)/ Peak Wing (2989 6500). 歡迎致電貝沙灣灣畔會所(2989 9000)或朗峰會所(2989 6500)接待處以查詢更多詳情。

