



POOL SAFETY

游泳安全事項



Warm up before swim
游泳前先做熱身運動



Do not run in pool area
and dive into the
swimming pool
切勿在游泳池奔跑及跳水



Take good care of children,
elderly and persons in need
小心照顧兒童、長者及
有需要人士



Children over the age of 5 or
over 1.1m in height should
not use the opposite sex
changing room
5歲或以上或身高1.1米以上之
小童不應使用異性更衣室



Choose a pool with a
depth that suits your
swimming technique
按自己泳術選擇合適
水深之泳池



Do not swim immediately after
a meal
切勿於進食後立即游泳



Seek immediate assistance
from the lifeguards if
necessary
如有需要立即向救生員求助



Do not swim if you are not
feeling well
身體不適請勿游泳



Children below 12 years old
should be accompanied by adult
aged 18 or above (a maximum
of 2 children for 1 adult)
12歲以下小童必須由18歲或以上
成人陪同方可進入泳池範圍(每位
成人最多只可攜同兩名小童)



**SWIMMING POOL
RULES &
REGULATIONS**
游泳池使用守則



For further information please contact Club Bel-Air Reception at Bay Wing (2989 9000)/ Peak Wing (2989 6500). 歡迎致電貝沙灣灣畔會所(2989 9000)或朗峰會所(2989 6500)接待處以查詢更多詳情。



貝沙灣